

For
Naughty
Girls
Only

GUYS TALK SEX

SHE DID WHAT?!

Outrageous Things Chicks Do in Bed—Like the Crazy-Hot “Fire Starter” Technique

Kate Hudson
Her Sexy New Views on Love

How to Be Just Bitchy Enough

15
Date
Ideas

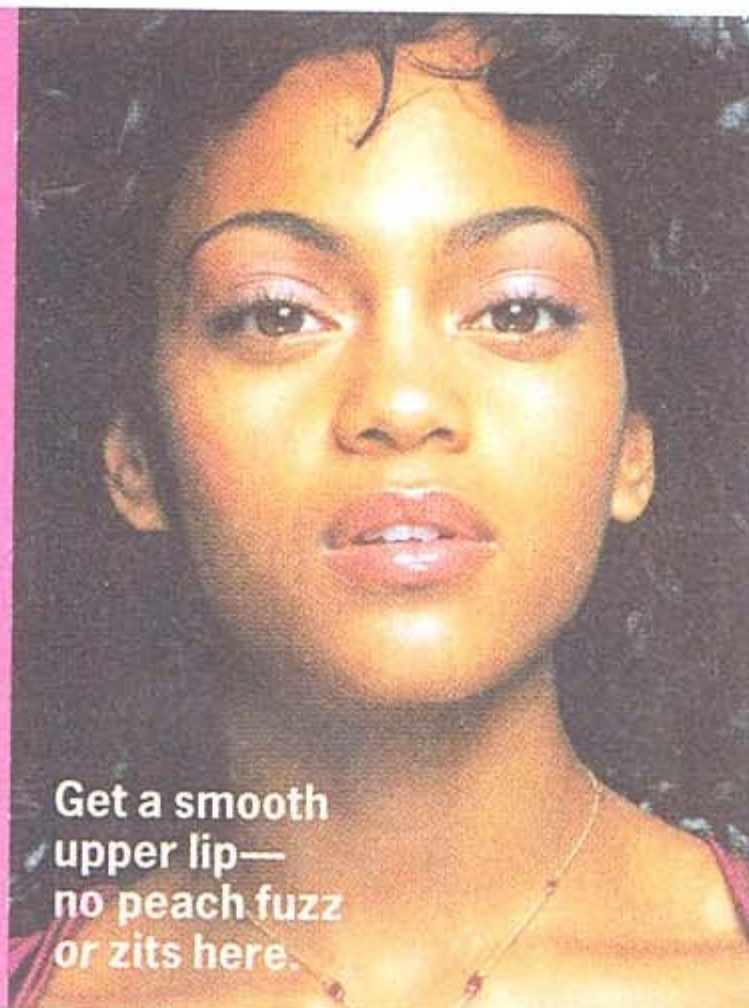


Beauty Q&A

Every month, we answer a bunch of your burning beauty questions.

Q When I get my lip waxed, I break out. Is there a gentler way to get rid of the fuzz?

A The fragrance or preservatives in some waxes may be too harsh for your skin, says New York dermatologist Marina Peredo. “Switch to a sugar-based wax, which is typically all-natural, or one that has soothing vitamin E or almond oil in the formula,” she says. We like Veet Wax Strips for Sensitive Skin, \$7.99.



Get a smooth upper lip—no peach fuzz or zits here.

Q My skin is clear but dull. How can I brighten up?

A “You probably have a top layer of dry, dead skin,” says NYC dermatologist Bradford Katchen. Exfoliate at least once a week, he says. Try a “green” exfoliator that’s less harsh than chemical scrubs and packed with natural nourishing ingredients, like olive oil, to help you stay dewy and fresh.



Our green pick: St. Ives Elements Olive Scrub, \$6.99